

The Preschool Press

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March 2011

Themes: Teddy Bear Picnic & The Wild West

This month your child will be participating in a variety of fun and educational activities and experiences as they learn all about the food pyramid as the Teddy Bears go on a picnic! They will also discover what life was like for a cowboy on a cattle drive back in the days of the Wild West!

These activities include: stories, songs, poems, art, science, and much more! Your child will also be introduced to, work with, and learn about:

Letters: Bb, Ww, Cc

Shape: Star

Number: 8

Pattern: A-B-B-C

Colors: Gray, Brown, and Red



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Some of March's Songs, Poems, & Fingerplays

"A-B-CDE"

A-B-CDE, How many teddy bears do you see?
 F-G-HIJ, Eight of them came over to play.
 K-L-MNO, Oh teddy bears, please don't go!
 P-Q-RST, Stay and have a picnic with me.
 U-V-WXY,
 Well they ate all the food, me oh my!
 Z-Z-ZZZ, Now they are resting, I'll let them be!

" My Cowboy Hat"

Tune of "Mary Wore Her Red Dress"

I wear my cowboy hat, cowboy hat, cowboy hat.
 I wear my cowboy hat, each and every day.
 I wear my cowboy boots, cowboy boots, cowboy boots.
 I wear my cowboy boots, each and every day.
 I wear my bandana, bandana, bandana.
 I wear my bandana, each and every day.
 I use my lasso, lasso, lasso.
 I use my lasso, each and every day.
 I am a cowboy, cowboy, cowboy.
 I am a cowboy from the Wild West!



"Fruit Salad"

Bananas, strawberries, watermelon too!
 Berries red, or black, or blue.
 Kiwi, grapes, and honeydew
 All are tasty and good for you.
 Apples, peaches, and a pear
 Add to a salad we can share!

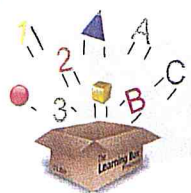


"Teddy Bear, Teddy Bear"

Traditional

Teddy bear, teddy bear, turn around. (Turn around)
 Teddy bear, teddy bear, touch the ground. (Touch the ground)
 Teddy bear, teddy bear, reach up high. (Reach up)
 Teddy bear, teddy bear, touch the sky. (Point upward)
 Teddy bear, teddy bear, bend down low. (Bend down)
 Teddy bear, teddy bear, touch your toe. (Touch your toes)
 Teddy bear, teddy bear, show your shoe. (Show one shoe)
 Teddy bear, teddy bear, that will do! (Cross your arms and sit down)





Music - A Musical Instrument That is Timeless

What is a musical instrument? Anything that makes music?

Here's one you can make at home that has entertained children for generations: a harmonica.

Take a large comb; cover it with waxed paper, then blow and hum at the same time with the mouth slightly open. Try a duet or a trio – a challenge but definitely fun.

The sound is definitely distinctive and quite “brassy.” But, is it music? You decide.

Games - Not Hide and Seek

Here's a simple activity—kind of etc. This probably works best in-like hide and seek—that kids can do side the house where there are by themselves and that can be ad- more things to look at. justed for each child's age and abil- ity.

First, identify what they're to look for: colors, shapes or sizes.

Colors are the easiest. Name the color, one for each child or just one for a group.

Then the kids can walk around and find objects that are blue, red,

When they have finished, they report—and show—how many they've found. The leader can make a trip through the house to see if there are objects that were missed . . . and give clues to help identify them.

Shapes are harder since circles; triangles and squares can be found within and upon other objects.

Sizes are hard, too. Start by asking the kids to find four things that would fit inside the stove oven or some other large object.

Discuss why some objects wouldn't fit.

By looking for and identifying colors, shapes and sizes in these games, kids are sharpening skills in reasoning, perception, observation and memory.

More Songs, Poems, & Fingerplays

“On Top of Spaghetti”

Tune of “On Top of Ole Smokey”

By Tom Glazer

On top of spaghetti, All covered with cheese,
I lost my poor meatball,
When somebody sneezed.
It rolled off the table,
And on to the floor,
And then my poor meatball,
Rolled out of the door.
It rolled in the garden, And under a bush,
And then my poor meatball,
Was nothing but mush.
The mush was as tasty As tasty could be,
And then the next summer,
It grew into a tree.
The tree was all covered,
All covered with moss,
And on it grew meatballs, And tomato sauce.
So if you eat spaghetti,
All covered with cheese,
Hold on to your meatball,
Whenever you sneeze.



“My Horse”

Tune of “Frere Jacques ”

I am a cowboy. I am a cowboy.
Riding my horse. Riding my horse.
We work together all day long.
As we work I sing this song.
Yippy ti yea. Yippy ti yea!

I need my horse. I need my horse.
For work and for play.
For work and for play.
I ride him here I ride him there.
I ride him almost everywhere.
I love my horse. I love my horse.



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